

SDG 5: DOMESTIC VIOLENCE

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HIDDEN UNDERNEATH IT ALL

THE DAYS BLEND TOGETHER WHEN YOU
ARE FEARFUL OF THE NIGHT.

YOU HOPE AND PRAY FOR EXTRA TIME
AT WORK.

FINDING WAYS TO BEND OR MOVE.

AFRAID OF SPEAKING UP FOR YOURSELF

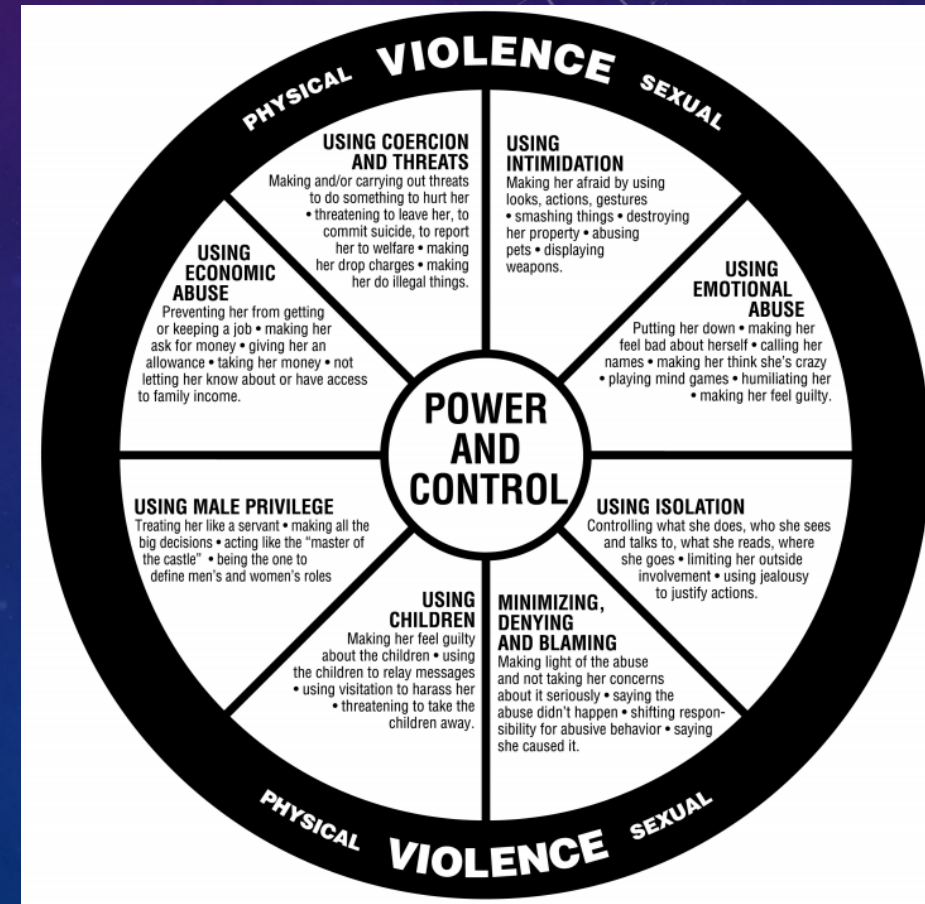
HOLDING ON TIGHT TO YOUR CHILD
AND NEVER LETTING GO



WHAT IS DOMESTIC VIOLENCE?

- Domestic violence does not discriminate. Anyone of any race, age, sexual orientation, religion or gender can be a victim – or perpetrator – of domestic violence. It can happen to people who are married, living together or who are dating. It affects people of all socioeconomic backgrounds and education levels.

- The wheel as a diagram of the tactics an abusive partner uses to keep their victim in the relationship.



“YOUR ABUSIVE PARTNER DOESN’T HAVE A PROBLEM WITH HIS ANGER; HE HAS A PROBLEM WITH YOUR ANGER

One of the basic human rights he takes away from you is the right to be angry with him. No matter how badly he treats you, he believes that your voice shouldn’t rise and your blood shouldn’t boil. The privilege of rage is reserved for him alone. When your anger does jump out of you—as will happen to any abused woman from time to time—he is likely to try to jam it back down your throat as quickly as he can. Then he uses your anger against you to prove what an irrational person you are. Abuse can make you feel straitjacketed. You may develop physical or emotional reactions to swallowing your anger, such as depression, nightmares, emotional numbing, or eating and sleeping problems, which your partner may use as an excuse to belittle you further or make you feel crazy.”

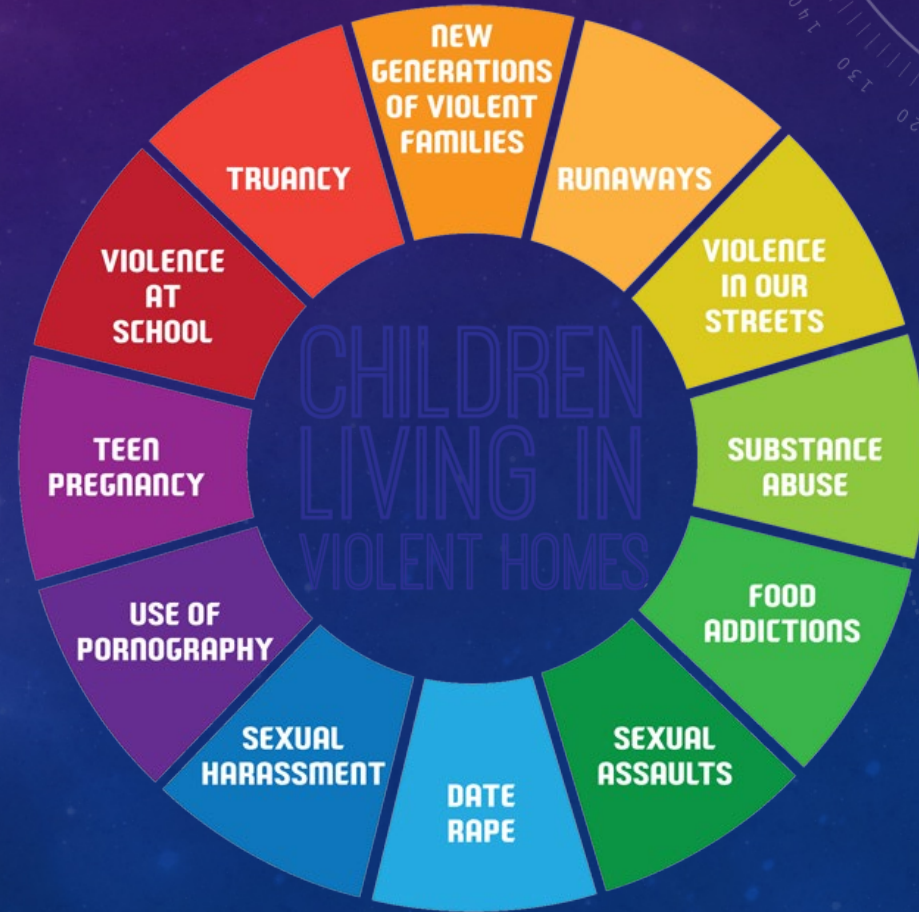
— Lundy Bancroft, Why Does He Do That?: Inside the Minds of Angry and Controlling Men

STATISTICS

- On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men
- 1 in 4 women and 1 in 9 men
- On a typical day, there are more than 20,000 phone calls placed to domestic violence hotlines nationwide
- 72% of all murder-suicides involve an intimate partner; 94% of the victims of these murder suicides are female
- 1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence
- Between 21-60% of victims of intimate partner violence lose their jobs due to reasons stemming from the abuse
- Studies suggest that there is a relationship between intimate partner violence, depression and suicidal behavior

SMALL FACTS

- NYC Paid Safe and Sick Leave Act
- Become violent themselves in response to threats (in school or at home)
- Attempted suicides
- Use drugs and abuse alcohol
- Develop eating disorders
- Abuse themselves (i.e. cutting)
- Anxiety and depression
- Poor social skills
- Enter into an abusive relationship later on



WHY DOMESTIC VIOLENCE AS A TOPIC?

I suffered for 3 long, tiring years and survived... And witnessed family members suffer through it and stayed...

PLAN FOR FUTURE

- TO REBUILD
- SPEAK UP WITHOUT FEAR
- FIGHT TO PROTECT LOVED ONES

3 INTERVIEWS ON PERSPECTIVE

- P.Q. – It is an action that goes both ways. Depending on the situation and the person. Sometimes the arguments affect ones reaction. What if the abuser was tired of being the victim?
- D.A. – Men can be very cruel to their other half and sometimes hiding major secrets can make them feel they deserve it.
- C.C – It's something no one deserves but it happens.

DIFFERENCES AND SIMILARITIES

- The difference between all 3 is how they experienced domestic violence in their lives and how they themselves inflicted pain on others.
- The similarities. They all believed it happens for a reason.

SDG GOAL# 5

- The topic on Domestic Violence mostly relates to SDG Goal# 5 which is Gender Equality.
- End all forms of discrimination against all women and girls everywhere.
- Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation.
- One in five women and girls, including 19 per cent of women and girls aged 15 to 49, have experienced physical and/or sexual violence by an intimate partner within the last 12 months. Yet, 49 countries have no laws that specifically protect women from such violence.



CONCLUSION

- Never be afraid to Break The Silence.
- Help others when you can.
- # 1-800-799-7233
- <https://www.thehotline.org/>

**NATIONAL
DOMESTIC
VIOLENCE
HOTLINE**

BIBLIOGRAPHY

NATIONAL STATISTICS

<https://ncadv.org/statistics>

“Effects of Domestic Violence, Domestic Abuse on Women and Children” by Samantha Gluck

<https://www.healthyplace.com/abuse/domestic-violence/effects-of-domestic-violence-domestic-abuse-on-women-and-children>

Paid Safe and Sick Leave: What Employees Need to Know

<https://www1.nyc.gov/site/dca/about/paid-sick-leave-what-employees-need-to-know.page>

SUSTAINABLE DEVELOPMENT GOAL 5

<https://sustainabledevelopment.un.org/sdg5>