

Outward Bound

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Outward Bound; Going away from home or point of origin.



Outward Bound's mission is to change lives through challenge and discovery. ... Outward Bound also has programs for 'intact groups' and team-building/performance improvement programs for professionals. Welcome to Outward Bound. And the rest of this expedition called "life."



THE THREE HARDEST TASKS IN THE WORLD ARE NEITHER PHYSICAL FEATS NOR INTELLECTUAL ACHIEVEMENTS, BUT MORAL ACTS: TO RETURN LOVE FOR HATE, TO INCLUDE THE EXCLUDED, AND TO SAY, 'I WAS WRONG.'



You meet some great people.



You become a family.



Summary

“If you’re like me, your heart races when you look at [Outward Bound courses](#). The silhouetted figures of people in kayaks against blood orange sunsets always makes me ready for adventure. It reminds me of how daunting kayaking felt at first, and how fiercely I avoided it because I didn’t know how it worked.”

(Outwardbound.com)

Outward Bound was one of the best things that's happened to me thus far. A child, on the edge of becoming a felon, i was stealing, fighting and on the verge of using illegal drugs. Joining this amazing group of other at-risk youth, and being sought after by the world's best counselors, made this experience i wasn't so excited about worth all of the while. We did 12 days of kayaking, and 19 of hiking, constantly only took breaks to eat our dehydrated food. Which was disgusting. But this place not only gave me a first hand look at nature, from the top of the adirondack mountain range, but it also changed my life. They taught us how to get along with others- and most of all what to not take for granted. We learned respect, teamwork and friendship. I've made some lifelong friends here, and although it may not work for everyone. The experience worked for me.

I don't think i would've every graduated highschool, forget about being a criminal justice major in college. And because my parents sent me to outward bound i must thank them, because now i consider myself a successful adult with a bright future ahead of me. Many other young men and women have been in my position and most of them all agree that this adventure was certainly a beneficial one, shaping their positive growth and future.

Sources

<https://www.outwardbound.org/>

<https://www.outwardbound.org/blog/>

<https://www.outwardbound.org/2018-summer-1/>