ADHD MEDICATION for Children & Young Adults
By Lidia S,
SOC 11
Bronx Community College, CUNY
Prof. Remi Alapo
Fall 2018



Intro

- ADHD is the acronym for a mental disorder called attention defect hyperactivity disorder.
- A child with ADHD has a difficult time with the ability to sit still, pay attention, have self-control and many other challenges they face with ADHD.
- Throughout my research I discovered that ADHD affects the children ability to perform task not due to its chemistry and brain structure. It does not affect the child's intelligence.
- Many times children living with ADHD lack the proper recourses and treatment options, due to Psychiatrist and psychologist taking mental health as proud as they should and the lack of research on ADHD. Resulting in medication as the first option.

Current findings

- There are only two types of medications that treat ADHD symptoms and only one of those medications is approved by the FDA. This causes a huge social inequality gap in the mental health industry due to the lack of medication research and resources. Stimulant and none stimulant medication.
- There is no proof or study that ADHD medication, approved by the FDA or not, will cure or help cure any of the symptoms.

Interest

- In my study I found very interesting that children as young as the age of 4 are taking medication for ADHD. Even though this medications can alter the way a child brain develops.
- I was interested in my topic because I have family members that treat their ADHD symptoms in many different ways. I wanted to find out what is the best way possible to treat the symptoms with actual research and facts.

Interviews: Do you agree for children to treat ADHD symptoms with medication? Why or why not

- Children Nurse at Bellevue Hospital: "I don't agree with ALL children taking medication to treat ADHD. However I do feel that if the symptoms are severe enough, they should. Of course with the parent consent.
- Second grade teacher: "I don't believe children should be taking medication for ADHD or any mental illness at all because it may affect the child's chemistry and development in other areas of the body."
- para-professional for special ed class: "You know I actually took a workshop about that. I do not agree with it because children who take those type of medication are not themselves. There more sleepy and drowsy. There's no point in giving those medication if the child is not as active as he or she should be"

Similarities

- I noticed that the people who work around children often don't agree with them. From first hand experiences that they have seen in their students. Also both were mothers themselves.
- The one person who agreed with giving children medication would only do so if the symptoms are server enough.

New research or comparison to previous research

• Many doctors do mistake the symptoms of ADHD to anxiety, depression or emotional disorders. Going back to my pervious research, this affects the social inequality happening in the mental health industry due to the lack of research on ADHD diagnostics and treatment.

Conclusion

- I do not believe children should be taking medication to treat ADHD at all, because it may affect different developing areas of the body. Such as affecting the child's memory. Also that the guideline is very bland to diagnose.
- I do believe every parent has the right to give their child medication to treat such disorder, however in my opinion parents and doctors should try behavior therapy or green time before prescribing medication.

Reference page

 Clinical practice guideline for the diagnosis evaluation and treatment of attention deficit hyper active disorder in children and adolescents